



#### UNDER THE AEGIS OF

### Maharaja Agrasen Naturopathy & Yoga Sadhana Research Trust

#### AFFILIATED TO

Shri Lal Bahadur Shastri National Sanskrit University (Central University)

# **ADMISSION BROCHURE 2025-26**

# PROGRAM

# BACHELOR OF NATUROPATHY & YOGIC SCIENCES (B.N.Y.S – 5<sup>1/2</sup> Years Full Time Program)



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# Maharaja Agrasen Naturopathy & Yoga Sadhana Research Trust

#### MAHARAJA AGRASEN NATUROPATHY AND YOGA SADHANA RESEARCH TRUST

has established a Naturopathy and Yoga institution to provide distinguished services in professional learning and serve society with professional excellence.

Keeping pace with technological advancements in teaching and research methodologies, MAHARAJA AGRASEN NATUROPATHY AND YOGA SADHANA RESEARCH TRUST has achieved a pronounced shift towards interdisciplinary studies. Research-based interactive learning with technology integration has opened up several options and created multiple challenges.

The Trust has been faithful to its mission of delivering quality education, infusing ethical and moral values in the youth and boosting their leadership qualities, research culture, and innovative skills.

Our vision can only be realized by a competent medical faculty, state-of-the-art infrastructure, and an extensive connection between academic and clinical experts in the field of Naturopathy & Yoga through regular treatment camps and public awareness sessions organized by us.

The present campus is over **10 acres in the outskirts of New Delhi, including lush green lawns, college building and utility areas**. We are proud to be a 100% self-sustained campus with rainwater harvesting and sewage treatment facilities. The campus infrastructure is mindful of people with special needs. The campus also has housing provision in the form of hostel for students.

# **BALAJI NATURECURE WELLNESS CENTER**

(Est. By - Maharaja Agrasen Naturopathy & Yoga Sadhana Research Trust)

Balaji Nature Cure Wellness Center has been established by **Maharaja Agrasen Naturopathy and Yoga Sadhana Research Trust at Delhi,** with an aim of promoting Naturopathy and Yoga in treating various diseases and hence providing healthy lifestyle to the common man, resulting in the improvement of their quality of life to stay disease free unto old age.

Located on a **10-acre eco-friendly campus on the outskirts of Delhi**, the center is a renowned destination for patients with cardiovascular, neurological, autoimmune, psychiatric, gynecological, and lifestyle disorders such as diabetes, hypertension, thyroid issues, and obesity.

Treatments are administered by **qualified doctors using nature cure principles**, **supported by modern diagnostic tools and physiotherapy** — without allopathic **medicines**, injections, or surgeries.

The center operates under the **expert guidance of its board of management and a team of experienced professionals,** delivering affordable and personalized care in a healing environment.

Naturopathy and yoga are **A grade medical courses which come under AYUSH Ministry** to practice as a doctor in various fields of medical sciences and hospitals, BNYS is a mandatory qualification. So, **Maharaja Agrasen Naturopathy and Yoga Sadhana Research Trust has established 1st Naturopathy and Yoga medical college in Delhi** to provide qualified clinical practitioners. **KNK College of Naturopathy and Yogic Sciences** is having all facilities like laboratories, library, hostel, yoga hall, digital classroom, canteen, kitchen and qualified teaching facilities which fulfills medical institution requirements.





# Adjoining Established Naturopathy Hospital BALAJI NATURECURE WELLNESS CENTER





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### **Important Note / Disclaimer**

The contents in the index are on the basis of the policies as available as on this date of release of Admission Brochure for Academic Session 2025 – 2026. The information which is not available in the Admission Brochure shall be uploaded on the College Website: www.knkcnys.com and therefore all the candidates desirous of seeking admission are hereby advised to regularly visit the college website for additional information.

The contents of this Admission Brochure are subject to issue of any other instructions from the Govt. of NCT of Delhi or any of the statutory authorities



# FOUNDER'S MESSAGE



Mr. Nand Kishore Aggarwal (President of Balaji Naturecure Wellness Center) (Founder of KNK College of Naturopathy & Yogic Sciences)

Globally, higher education has witnessed a significant change in approach and growth. As a part of my vision, I am determined to provide yeomen services in naturopathy health care to our society. The growing interest in natural healing has increased the demand for traditional practices such as naturopathy and yoga.

The Bachelor of Naturopathy and Yogic Sciences (BNYS), part of the AYUSH systems, offers a holistic approach to healthcare. **BNYS emphasizes cost-effective, preventive care and overall wellness, aiming to foster a healthier society.** This ancient yet relevant field combines natural healing methods with yogic practices, providing an alternative to conventional medicine in the pursuit of a disease-free world.

I wish you grand success in the accomplishment of your rightly dreamt careers in the field of Naturopathy & Yoga. I envisage many more laurels coming to the hardworking students and I am more than sure that a great future awaits the ones who will be able to make an entry into these programs. Our community of faculty, staff, and students look forward to welcoming you to the college.



# KNK COLLEGE OF NATUROPATHY & YOGIC SCIENCES

# आरोग्यं सर्व संपदा

# MISSION

At KNK College, we are committed to providing highquality education that fosters intellectual growth, innovation, and community engagement. Our mission is to equip students with the knowledge, skills, and values necessary to succeed in a rapidly changing global environment. We focus on holistic development, ensuring that students excel academically while also growing as responsible and compassionate individuals.

# VISION

At KNK College our vision is to promote education of Natural cure and Yoga for enhancing the quality of life of people from all strata of society by providing Yeomen services in the field of education. Inculcate in them a regimen of regular exercise, proper eating habits and effective lifestyle modifications, for leading a happier, longer and stress-free life, towards creating a disease-free world.



### Highlights of Services:

- 150-bedded attached Naturopathy Hospital
- Qualified and experienced faculty
- Digital classrooms and library
- Well-equipped laboratory
- Hostel facilities
- Sports ground

### **Training Opportunities:**

- Hands-on training under clinically experienced faculty
- Exposure to a wide range of general health and medical conditions
- MoUs with reputed institutions like AIIMS, Delhi for clinical training and patient care
- In-house herbal garden for practical learning

### Achievements:

- Premier Naturopathy center in Delhi since 2006
- Providing holistic care to patients from across India and abroad
- Treated over 50,000 patients
- Integrated approach combining modern medicine, naturopathy, Ayurveda, yoga, diet, and herbal medicine



# **Senior Faculty Members**



Dr. Govinda Kumar Trivedi (Medical Doctor at KNK) (CMO-Balaji Naturecure) B.N.Y.S , M.D (Clinical)



Dr. Selva Kumar (Principal of KNK College) BNYS,PGDF&N,MD(NATUROPATHY)



Dr. Shipra Chaudhary (Associate Professor) B.N.Y.S , M.D , P.G.D.A.P



Dr. Gaurav Thakur(Assistant Professor) B.N.Y.S



BNYS,BLS,MSc Psychology



Dr. Manjunath (Assistant Professor) BNYS, MD ( DIET AND NUTRITION).



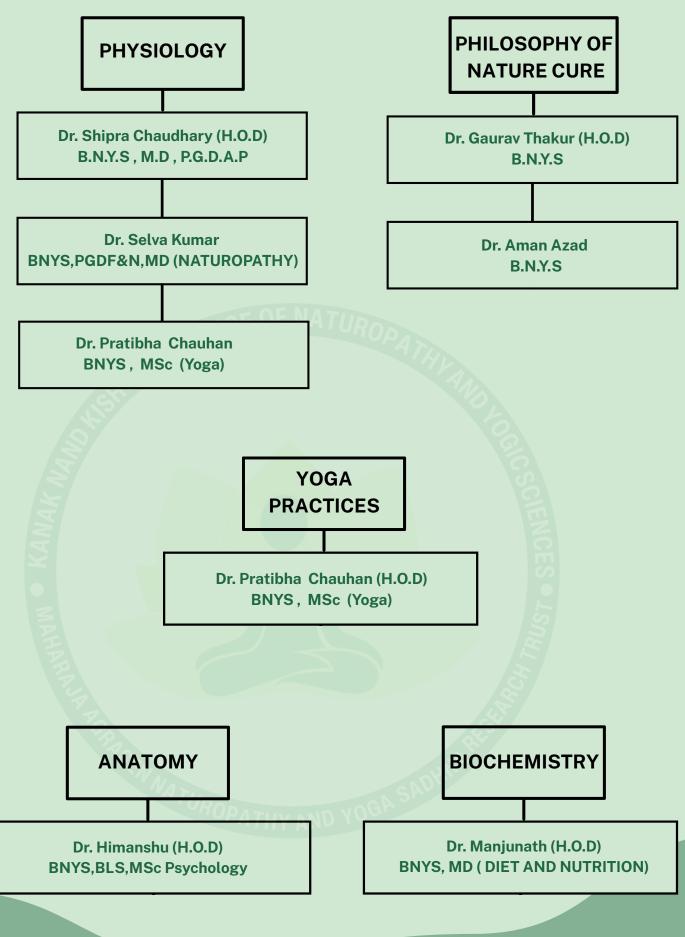
Dr. Aman Azad (Lecturer) B.N.Y.S



Dr. Komal Sharma BPT , MPT (Sports)



**Departmental Faculty Distribution** 





- 1. Before filling up the Application form, read all the Instructions carefully.
- 2. Fill up the Application form legibly, neatly, and correctly. The information will be processed by using computer. Any mistake committed by the candidate will prejudice their selection.
- 3. Completed Application form with all relevant enclosures prescribed may be submitted or delivered by Registered Post / Courier Service / Speed Post in person so as to reach:
- 5. Self-attested Photostat copies of the required documents alone should be sent. Original Certificates should not be enclosed. Incomplete applications and the applications received after the due date will be summarily rejected.
- 6. The Selection Committee cannot be held responsible for the delayed receipt or loss in transit or on any other ground beyond the fixed date and time. Applications received after the last date and time will not be accepted irrespective of the date of booking.
- 7. Request for extension of time for submission of documents called for, after the specified date and time will not be entertained.
- 8. Any supporting documents received after the due date or the application form without required documents/particulars will not be entertained.
- 9. Candidates applying for admission should apply in the Application Form (non-refundable) prescribed for which could be obtained on payment of Rs. 1000/-in the form of Demand Draft / UPI/Bank Transfer in favor of the Balaji Nirgodham College of Naturopathy And Yogic Sciences payable at Delhi.
- 10. Merit list of the eligible candidates, counseling schedule, etc., will be posted on the following official .



# PART A

# Details Of Programs Offered in 2025-26

### Chapter 1-List Of Programs Offered

BNYS Degree Course: Bachelor of Naturopathy and Yogic Sciences is a 5.5-year professional naturopathy medical degree course. PG Diploma in Yoga & Naturopathy: 1-year Postgraduate diploma in Yoga & Naturopathy.

#### Introduction:

- Naturopathy is a drugless, non-invasive rational and evidence-based system of medicine, imparting treatments with natural elements based on the theory of vitality, theory of toxemia, theory of self-healing capacity of the body, and the principles of healthy living. The practice of naturopathy is based on a belief in the body's ability to heal itself through a special vital energy or force guiding bodily processes internally.
- Diagnosis and treatment primarily concern alternative therapies and "natural" methods that naturopaths claim promote the body's natural ability to heal. Naturopaths focus on a holistic approach, completely avoiding the use of surgery and conventional medicines. It uses natural therapies such as Nutrition, Herbal Medicine, Acupuncture, Homeopathy, Hydrotherapy, Manipulative therapy, Hydrotherapy, Fasting, Physiotherapy, and Sports Medicine, and other modalities in accordance with naturopathic principles.

#### Departmental Introduction:

- Balaji Naturecure Wellness Center (Formerly Balaji Nirogdham Naturopathy & Yoga Center) has been established by Maharaja Agrasen Naturopathy and Yoga Sadhana Research Trust at Delhi
- Established in the year 2006 on an 8-acre area, expanded presently up to 10-acres, continuously growing campus at the outskirts of Delhi, Balaji Naturecure Wellness Center has become a widely acclaimed destination for patients suffering from various diseases like Obesity, Diabetes, Hypertension, Joint Pain, Skin Diseases, Depression, and many other lifestyle-related diseases.
- Balaji Naturecure Wellness Center is run on a day-to-day basis by professionals in various disciplines, including qualified doctors and experienced staff, under the direct supervision and guidance of the Board of Management comprising senior members of Maharaja Agrasen Naturopathy and Yoga Sadhana Research Trust.
- The treatments and therapies, conducted by qualified and experienced doctors, are based on the ancient Indian concept of nature cure, coupled with judicious usage of the latest diagnostic equipment, physiotherapy, and treatment aids, but without administering any type of allopathic medicines, injections, or surgeries.
- Motivated by an increasing number of patients getting relief from various chronic diseases, backed by its personalized services in an eco-friendly environment, along with constant and unflinching support from members of its governing body, Balaji Naturecure Wellness Center optimistically looks forward to providing affordable treatments to the common man through Naturopathy and Yoga, hence creating a disease-free world.

#### Philosophy and Treatments:

- Naturopathy is a system of primary health care based on the philosophy of the Healing Power of Nature, that is, living systems have an inherent ability to establish, maintain, and restore health. Naturopathy is based on the concept of Panchambhutas — that the body is made up of five basic constituents: Earth, Water, Fire, Air, and Ether. Imbalance of these five elements, as well as deposition of foreign matter (toxins) in the body, causes diseases.
- Unlike allopathy, mere symptoms are not treated in Naturopathy; rather, the underlying cause of the illness or disease is treated. Treatment of any disease is done by getting the body rid of toxins and restoring the balance of the five basic elements. These elements are used to revitalize and rejuvenate the body and strengthen the immune system against the disease-causing agents present in the environment. This therapy utilizes the purificatory properties of various fruits, vegetables, and herbal juices to clean the body of accumulated toxins, which are a result of an unhealthy lifestyle.
- Yoga is an ancient physical, mental, and spiritual discipline that involves a combination of
  processes to attain a holistic sense of well-being. The central aim remains to achieve a heightened
  sense of peace and wholesome happiness about oneself and things around. Being practiced for
  over 5000 years, Yoga, with its eternal benefits and ever-increasing popularity, continues to
  extend its impact and influence across the boundaries of different cultures and languages.
- Over the years, Naturopathy and Yoga have emerged as alternative therapies of healing sciences. In fact, these are not merely alternative healing sciences, but are more of a refined way of using life in sync with nature. Naturopathy and Yoga advocate life close to nature and help maintain a healthy relationship with our environment.

#### **Objectives of the Course:**

The program leading to the BNYS Degree consists of a duration of four and a half years and one year of Internship (4.5+1= 5.5 Years). Through planned guided experience, students are provided with opportunities to develop:

- 1. A broad concept of fundamental principles of quality Naturopathy and Yogic Science Care.
- 2. Develop a satisfactory level of skill in students in providing care to people of all ages in a community or institutional setting.
- 3. Understanding of the application of principles from the physical, biological, social, and behavioral sciences for assessing health status.
- 4. Ability to work collaboratively with members of allied disciplines toward attaining optimum health for all members of society.
- 5. Understanding of fundamental principles of administration and organization of Naturopathy and Yogic Sciences.
- 6. Appreciation of the various forces affecting the community-based social health and welfare programs.
- 7. Understanding of the responsibility for continuing education and developing competence in Naturopathy and Yogic Sciences.
- 8. Appreciation of social and ethical obligations to society.



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# Chapter 2 - Syllabus Information

### **SUBJECTS & COURSE CONTENTS**

- 1. Anatomy
- 2. Physiology
- 3. Biochemistry
- 4. Philosophy of Nature Cure
- 5. Principles of Yoga
- 6. Sanskrit
- 7. Pathology
- 8. Microbiology
- 9. Community Medicine
- 10. Yoga Philosophy
- 11. Basic Pharmacology
- 12. Chromotherapy and Magnetotherapy
- 13. Forensic Medicine and Toxicology
- 14. Manipulative Therapy
- 15. Acupuncture and Acupressure
- 16. Yoga and its applications
- 17. Nutrition and Medicinal Herbs
- 18. Diagnostic Methods (I and II) Naturopathy and Conventional Medicine
- 19. Modern Diagnosis, Naturopathy diagnosis
- 20. Psychology and Basic Psychiatry
- **21. Fasting therapy and Dietetics**
- 22. Obstetrics and Gynecology
- 23. Yoga therapy
- 24. Hydrotherapy and Mud therapy
- 25. Physiotherapy, Sport Medicine, and Rehabilitation
- 26. First Aid and Emergency Medicine
- 27. Clinical Naturopathy
- 28. Recent Advances
- 29. Hospital Management & Research Methodology



#### **COURSE OF STUDY :**

The duration of the course shall be 5 ½ years (Five and half years). The course shall include a period of regular study of **four and a half (4** ½**) years, followed by a compulsory rotatory internship of one year.** 

The period of regular study shall be divided into four phases – first year of one and half (1 ½) years, and the Second, Third and Final years of one year each of the B.N.Y.S. Medical Degree Course respectively.

### **ATTENDENCE :**

A candidate shall be considered to have satisfied the requirement of attendance for each Part/Phase if he/she attends not less than **80 percent** of the theory and practical classes actually conducted up to the end of the Phase in that subject.

Such a candidate having shortage of attendance shall be required to attend **80 percent** of the theory and practical classes actually held up to the end of the term by repeating that subject of that Part/Phase during a subsequent term.

### **TEACHING HOURS :**

The allotment of time (in number of hours) to teach Theory and to conduct Practical/Clinical and Tutorial/Demonstration/Seminar, in each subject shall be:

	'URODAT	NY ALL YO	GA	
SNo.	Subjects	Theory	Practical & Seminar Classes	Total Hours
1	Anatomy-I & II	325	225	550
2	Physiology-I & II	300	200	500
3	Biochemistry	175	125	300
4	Philosophy of Nature Cure	175	150	325
5	Yoga Practices	200	200	400
6	Sanskrit Kaushal	100	-	100
	Total Hours			2175

### 1<sup>1</sup>/<sub>2</sub> st YEAR B.N.Y.S. (18 months)

### 2nd YEAR = B.N.Y.S. (12 Months)

SNo.	Subjects	Theory	Practical & Seminar Classes	Total Hours
1	Pathology	175	125	300
2	Microbiology	125	75	200
3	Community Medicine (Health)	150	75	250
4	Yoga Philosophy	200	150	350
5	Basic Pharmacology	100	-	100
6	Magneto and Chromo Therapy	100	50	150
7	Forensic Medicine & Toxicology	75	25	100
	Total Hours			1450

### 3rd YEAR = B.N.Y.S. (12 Months)

SNo.	Subjects	Theory	Practical & Seminar Classes	Total Hours
1	Manipulative Therapies	100	100	200
2	Acupuncture & Acupressure	100	100	200
3	Yoga Applications	100	150	250
4	Nutrition & Medicinal herbs	150	100	250
5	Diagnostic Methods- I (Naturopathy Diagnosis)	100	100	200
6	Diagnostic Methods- II (Conventional Medicine)	100	100	200
7	Psychology & Basic Psychiatry	100	50	150
	Total Hours			1450

### 4th YEAR = B.N.Y.S. (12 Months)

SNo.	Subjects	Theory	Practical & Seminar Classes	Total Hours
1	Fasting Therapy & Dietetics	150	50	200
2	Obstetrics & Gynecology	100	50	150
3	Yoga Therapy	125	125	250
4	Hydrotherapy & Mud Therapy	150	100	250
5	Physical Medicine & Rehabilitation	100	100	200
6	First aid & emergency medicine	50	50	100
7	Clinical Naturopathy	100	100	200
8	Research methodology & Recent Advances	100	-	100
	Total Hours			1450

#### Grand Total for 4<sup>1/2</sup> Years=6525 Hours

#### EXAMINATION:

- The course will be run in annual mode.
- Examination will be conducted both in theory and practical as per the layout of the syllabus.
- 80% attendance both in theory and practical classes is mandatory.
- 50% marks for passing the examination, 60% marks for I division and 75% and above for distinction.
- 20% marks for Internal Assessment comprising two assignments and periodical evaluations in every subject.
- The student has to pass **both in theory and practical examinations** separately.
- Detail examination scheme shall be provided after the admission is verified.

### INTERNSHIP PROGRAMME (1 Year)

A candidate after passing final B.N.Y.S. Medical Degree Examination shall undergo the compulsory rotatory internship of one year duration, which shall consist of work/duty postings in the following sections/departments for the period specified against them.

S.No.	Department	Duration
1	Philosophy of Yoga and Naturopathy	1 Month
2	Yoga and Mind-Body Medicine	1 Month
3	Pathology and Microbiology	1 Month
4	Community Medicine	1 Month
5	Energy Medicine	1 Month
6	Manipulative Therapies, Physiotherapy, Sport Medicine and Rehabilitation	1 Month
7	Fasting, Dietetics, Nutrition, & Medicinal Herbs	1 Month
8	Diagnostic Methods	1 Month
9	Obstetrics & Gynecology	1 Month
10	Hydrotherapy & Mud Therapy	1 Month
11	Naturopathic Medicine	1 Month
12	Allied Health Sciences	1 Month
	TOTAL	12 Months



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# **Chapter 3 - Fees Structure**

### B.N.Y.S Fees Structure 2025-26

COURSE	Total Fees
Programme Fee	Rs 1,35,000
Admission Fee	Rs 2,00,000
Exam Fee	Rs 24,000
IT Fee	Rs 24,000
Library Fee	Rs 8000
Laboratory Fee	Rs 40,000
Development Fee	Rs 2,00,000
Misc. Charges	Rs 16,000
ID Card & Library Security (Refund)	Rs 5050
Total	Rs 6,52,050
1 <sup>1/2</sup> Years	Rs 1,75,050
2nd Year	Rs 1,59,000
3rd Year	Rs 1,59,000
4th Year	Rs 1,59,000 (5000 Refundable)

#### Hostel Fees Structure 2025-26

ROOM CATEGORY	MONTHLY	YEARLY
FOUR SHARING	Rs 6000	Rs 72,000
TRIPLE SHARING	Rs 7000	Rs 84,000
DOUBLE SHARING	Rs 8000	Rs 96,000
SECURITY CHARGES	-	Rs 5000

- Hostel fee is subject to change from time to time depending on the market forces.
- Hostel fee can be paid once in 6 months.
- Double / Triple / Four sharing shall be allotted as per availability.
- Separate hostels for boys & girls.
- No claim on room sharing shall be considered once a room is allotted.
- Any discrepancy in room should be reported at the time of allotment of Hostel.
- Any request for change of room after submitting the undertaking for hostel facility (within stipulated time) shall not be entertained.
- Hostel Fee and Mess charges shall be as per the decision of the governing body of the college.
- Fees may change as per the actual situation and facilities availed by the student such as AC or Non-AC, 2, 3 or 4 sharing of Room, Electricity consumed & Maintenance of rooms.

Note: Mess fee ₹6000/- extra (including 3 meals & snacks) shall be paid by each student every month.

To promote academic excellence and financial accessibility, KNK College offers meritbased Development Fee Scholarships and early payment discounts to deserving students enrolling in the Bachelor of Naturopathy and Yogic Sciences (BNYS) program.

#### Scholarship Criteria for 1<sup>st</sup> Year)

Scholarships are awarded based on Class 12th AggregatePCB + English marks. Only the final declared result will be considered.

Marks (PCB + English)	Scholarship	Approx. Waiver
90% and above	50% on 1st year Development Fee Waiver	₹25,000 off
80% to <90%	25% on 1st year Development Fee Waiver	₹12,500 off
70% to <80%	10% on 1st year Development Fee Waiver	₹5,000 off
60% to <70%	5% on 1st year Development Fee Waiver	₹2,500 off

Scholarships will be refunded at the end of 1st year (i.e., adjusted or credited back) only if the student:

- Maintains minimum 80% attendance (theory + practical)
- Maintains discipline with no misconduct, ragging, or violations
- Clears all academic dues and has no backlogs

#### Scholarship Continuation (2nd Year Onwards)

Students may continue receiving 50% of their original scholarship amount each academic year if they meet all of the following conditions:

- Academic Score: Minimum 80% aggregate marks in final university results of the previous year
- Attendance: Minimum 80% attendance in both theory and practical classes
- Financial Clearance: No fee dues or backlogs
- Discipline: Good conduct with no disciplinary issues
- No Overlapping Scholarships: Must not be receiving any other government or private scholarship
- Wellness Contribution: Must submit a Scholar Activity or Wellness Project, guided by a faculty mentor

NOTE: The refund will be processed at the end of every year, subject to continued compliance with the above criteria during the entire 5.5-year period.

#### **Early Payment Incentive**

To encourage upfront commitment and ease of processing, KNK College offers a 5% discount on fees in the following cases:

Payment Type	Discount	Approx
Full payment of 1st year fees	5% discount	₹8,750
Full payment of entire 5.5-year BNYS course fee	5% discount	₹32,600

#### NOTE: Instant Discount on total payable amount

#### **Application Process for Continuation**

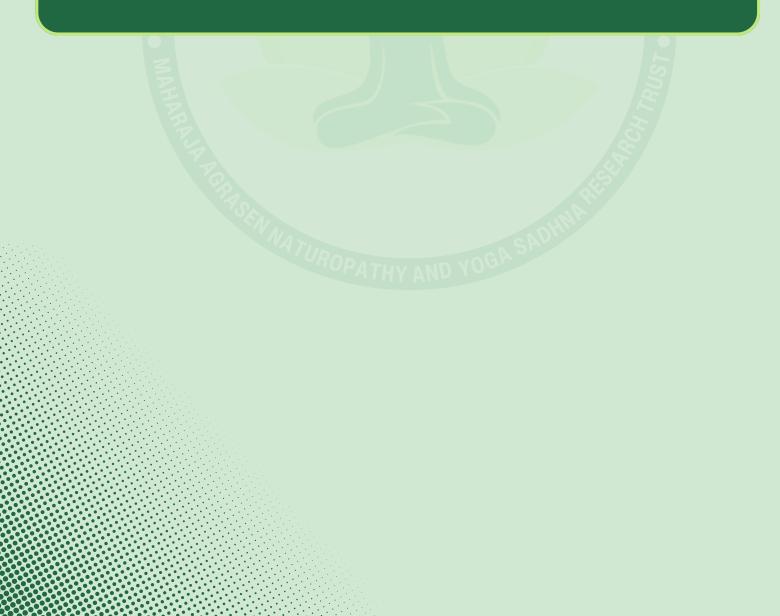
- Students must submit a Scholarship Continuation Form to the Dean/Principal within 30 days of result declaration.
- The KNK Scholarship Committee will review performance, attendance, conduct, and compliance before final approval.

#### **Important Notes & Disclaimer**

- Scholarships apply only on the 1st Year Development Fee component.
- Refunds and continued waivers are performance-based and not guaranteed beyond initial eligibility.
- KNK College reserves the right to revise, alter, or discontinue the scholarship policy at any time without prior notice.
- KNK College reserves the right to monitor incoming funds into its institutional account. If a student's fees are paid partially or fully by any third-party source (e.g., government scheme, NGO, foundation), it will be treated as a scholarship or aid. In such cases, any overlapping KNK scholarship will be reviewed and may be withdrawn or adjusted.
- Applicable Boards: The above scholarship criteria apply to students from all recognized national and state education boards in India, including but not limited to CBSE, ICSE, NIOS, and all State Boards. Only the final declared result (marks in PCB + English) will be considered, and original mark sheets must be submitted at the time of admission for verification
  - Undertaking at Time of Refund/Scholarship Disbursal
- When refunding scholarships at year-end or disbursing it:
- A short **declaration** signed by the student to reconfirm in writing that they still are **not availing any other aid**.



# **Chapter 4 - Eligibility & Admission Criteria**



#### **ELIGIBILITY CRITERIA:**

#### **1. AGE LIMIT:**

• Candidates must have completed 17 years of age on or before December 31, 2024. Proof must be provided upon request. If a candidate provides false age information, their admission will be canceled, and all fees will be forfeited.

#### 2. EDUCATIONAL QUALIFICATIONS:

 Candidates must have passed all subjects, including Biology, in the Higher Secondary Certificate Examination (10+2) or an equivalent exam from a recognized Board or School with a minimum of 50% marks in Physics, Chemistry, and Biology (PCB) before the declared date of admission.

**Note**: Candidates who have passed any other equivalent examinations with the same subjects must produce the Eligibility Certificate from the State Board during counseling.

#### **3. INELIGIBLE CANDIDATES:**

- Candidates who have passed Higher Secondary in the Vocational Stream.
- Private candidates who have passed the Pre-University Course or those who have passed through Open Schooling.
- **Note: •** Only marks obtained in the first attempt of the qualifying exam will be considered. Improvement marks will not be considered.
  - Candidates with equivalent qualifications should provide an eligibility certificate.
  - Candidates submitting mark sheets in grades must also provide the equivalent marks certificate issued by the examining authority.

#### 4. DURATION OF THE BNYS COURSE:

The course lasts 5.5 years, including one year of **Compulsory Rotatory Internship**.

#### **5. METHOD OF SELECTION AND ADMISSION:**

- Ranking will be based on marks obtained in the prescribed science subjects in the qualifying examination, normalized to 200 marks.
- Marks obtained from different Boards of Examination will be considered after normalization.

#### **CALCULATION:**

- Weighted Total Marks for a maximum of 200
- Percentage in Biology (after normalization) = (X)
- Percentage in Physics and Chemistry taken together (after normalization) = (Y)
- Weighted total marks for a maximum of 200 = (X + Y)

The percentage & the weighted total for merit calculation will be rounded up to 2 decimals.

**Note:** 200 weighted total includes 100 from Biology (or equivalent subject) and 100 from Physics and Chemistry taken together.

**6. RANKING OF CANDIDATES** will be based on the total marks obtained in the relevant science subjects after normalization of marks, computed to a maximum of 200. Improvement marks from any year in this examination are not valid and will not be considered.

#### (b) NORMALIZATION OF MARKS:

The marks obtained by students in the relevant subjects in the qualifying examination conducted by various Boards or Authorities will be equated with the marks obtained by students in the same subjects in the qualifying examination.

**Explanation:** Under the method of normalization, the highest mark obtained by students from various Boards in each subject will be equated to the highest mark obtained by students of the State Board in that subject, and the relative marks obtained by other students in that subject will be determined accordingly.

**Illustration:** If the highest mark secured by a student of the State Board in Physics is 100, and the highest mark secured by a student from another Board in the same subject is 90, both the marks will be considered equal to 100. If the student from the other Board secures 60 marks in Physics when the highest mark in the State Board is 90, the 60 marks will be considered equal to 66.66 marks, calculated as follows:

#### 100×60=66.66% 90

#### 7. DETERMINATION OF RANK OF CANDIDATES OBTAINING EQUAL MARKS (Inter-se Merit)

In cases where two or more candidates obtain equal aggregate marks (for 200), the rank of such candidates will be determined based on the following order:

- Percentage in Biology or Botany & Zoology taken together in the 10+2 examination.
- Percentage in Chemistry in the 10+2 examination.
- Percentage in the fourth optional subject in the 10+2 examination.
- Date of Birth-Weightage given to seniority in age.

**NOTE :** The Merit List will be published on the Notice Board at the office of the Selection Committee and will be posted simultaneously on the website:

#### 8. ALL SELECTIONS & ADMISSIONS FOR THE BNYS COURSE ARE PROVISIONAL

Selection and admission are liable to be canceled at any time if the eligibility conditions are found to be deficient or incorrect, or if there is any suppression of facts, deliberately or otherwise. The right of allotment to the BNYS Course seat rests entirely with the Admission Committee of the college.

#### 9. COUNSELLING:

- Selection will be made on a merit basis and by counseling.
- The option once exercised during counseling will be final and cannot be changed.
- Candidates who fail to attend counseling at the specified date and time will forfeit their right to admission, and their names will not be considered later.
- One of the parents or guardians will be allowed to accompany the candidate to the counseling session, and they should make their own arrangements for attending. No individual intimation will be sent for regular counseling through any mode.

(a) All communication regarding counseling will be displayed and available through the official college website, and any change or modification of relevant information will be made available on the website: www.knkcnys.com.

(b) Candidates are instructed to visit the website at least two times a day for updates from the date of the application issue until the end of the admission process. The Admission Committee will not be responsible for any consequences resulting from non-diligent follow-up of notices, notifications, and publications on the website regarding admission to BNYS Course 2025-26.

- (c) Candidates can exercise their option for the course of their choice at the time of counselling, subject to seat availability.
  - i. Individual requests for transfer of College or Course will not be entertained after the allotment of the seat.
  - ii. No candidate can opt to be waitlisted for a particular course when seats are available for admission.

(d) Candidates who receive re-totaled/revalued marks during the first appearance only can attend counseling according to their new marks. If the candidate produces retotaled/revalued marks after counseling is over and within the cut-off date (as declared by the college), their name will be considered only in the existing vacancies. They will not have preferential rights for allotment based on merit under re-totaled/revalued marks. Candidates who submit revalued/re-totalled marks after the cut-off date fixed by the government will not be considered for selection.

e) The vacancies arising after the first phase of counseling will be filled up from the waiting list through the 2nd counseling.

f) Also, Counseling/Allotment for the seats newly created due to the provision of seat matrix after the commencement of the first phase counseling, or due to the orders/interim orders passed/issued by the court or government or statutory authority after the commencement of the 1st phase counseling, will be done during the 2nd phase counseling but within the cutoff date for different courses in Yoga and Naturopathy admission as given by the university. g) The Admission Committee reserves the right to admission of the candidate.

h) Mutual transfers will not be entertained under any circumstances.

i) The Counseling Schedule will be made available on the website.

j) If a candidate opts out of counseling (not willing to take admission against the seat), when seats are available at the time of his/her counseling, then he/she will not be eligible for the same seat at any point of time later for whatsoever reason.

k) Candidates getting allotment for any other reasons, at a later date after the counseling is over, will be given a seat in the existing vacancies available in the college, irrespective of their merit or marks.

#### l) Choice of Candidates:

i)The candidate is eligible to opt for BNYS or PG diploma course in the college based on his/her eligibility. Likewise, he/she can opt to be waitlisted for either category. Re-allotment will be available only for those who have joined the college within the stipulated time.

ii) Re-allotment for the vacancies arising due to non-joining of the candidates will be done on a merit basis, subject to the availability of sufficient time before the cutoff date as prescribed by the University.

m) Re-allotment is not a matter of right for the candidate. Re-allotment will be done only through counseling on a merit basis if vacancies are available. If sufficient time is not available, vacancies will be filled up with candidates from the waiting list on a merit basis only.

n) Candidates getting allotment through court orders before the cutoff date will be given a seat in the existing vacancies available at the time of counseling when he/she attend.

o) Discontinued/Not joined vacancies in any category will be added to the General Category.

p) If an adequate number of eligible candidates are not available in any category, then the earmarked seats will be reverted to the General Category.

**10)** The candidate should affix a passport-sized photograph not taken more than three months before submission of the application in the space provided in the application form.

**11)** The code numbers for different qualifying examinations, religions, mother tongues, and districts are given here under:

Qualifying Exam	Abbreviation	Code
Delhi Board of School Education (DBSE)	DBSE	1
Senior Secondary Certificate Examination of Central Board of Secondary Education	SSCE of CBSE	2
Indian School Certificate Exam. of the Council for the Indian School Certificate Exam	ISCE	3
Any other examination which has been recognized as Equivalent to code No.1 by the respective authority	OTHERS	4

**12.** All the entries in the application form should be written legibly by the candidate in his/her own handwriting. The candidate should ensure that all information, including the marks in the qualifying examination furnished by him/her in the application and the enclosures, are correct. The candidate is informed that, after proper scrutiny of his/her application, if it is found that the marks furnished by him/her in the application are not correct or any other information is found to be incorrect, then:

a. He/She will forfeit the admission, no matter at what stage of the course he/she will be at that time.

b. He/She will be debarred from pursuing any studies for a period of three years.

c. Legal action will be initiated against the candidate and the parents for furnishing incorrect information.

d. Criminal action will be instituted against him/her for furnishing false mark sheets/false community certificates/false nativity certificates, etc.

**13.** No photocopies of documents enclosed with the application will be returned. Candidates are required to enclose ONLY one set of self-attested photocopies of the following certificates along with the application:

a. Mark sheet of Higher/Senior Secondary Certificate Examination (HSCE/SSCE), 10+2 examination (both sides of the mark sheet should be photocopied) or any other equivalent examination of the first appearance.

b. Mark sheet of Secondary Certificate Examination, 10th (SCE) (both sides of the mark sheet should be photocopied) or any other equivalent examination of the first appearance. c. Passing certificate of HSCE/SSCE (12) and 10th class certificate.

d. Transfer/migration certificate obtained after the completion of HSCE/SSCE or equivalent courses.

e. Birth certificate.

f. Annual Income Certificate, if applicable.

g. First Graduate Certificate, if applicable.

h. Any other certificate obtained in any course pursued by the applicant before taking admission.

**14**. Candidates selected for admission to the BNYS Course are not guaranteed any appointment in the Government Service.

**15.** The candidates will be required to undergo a medical examination at the college to which they are allotted before the Medical Board on the date notified by the authorities of the college. Only those candidates found medically fit will be admitted and permitted to pay the fees.

**16.** In respect of selected candidates, adequate original documentary evidence shall be required, and verification may also be done to decide on their eligibility under various categories.

**17.** Enquiry or any correspondence regarding the selection of candidates will not be entertained.

**18.** The Candidates who join the BNYS Course should not indulge or participate in any kind of ragging. If they are found to have indulged in ragging in the past or noticed later, the candidates will be removed from the roll of the institution at whatever stage of study, and criminal action will be taken against candidates.

**19.** As a number of bogus community certificates are being encountered of late and in order to curb such practices, the authentication of the above certificates has to be verified and confirmed by the concerned authority before the individual completes the 1st year of the BNYS course. The concerned candidate and parents should take necessary steps to that effect. Unless proof of authenticity is provided in time, the candidate will not be allowed to continue the 2nd year of study.

**20.** The government orders issued and to be issued from time to time pertaining to any of the matters contained in the prospectus should be read as part and parcel of this prospectus, and such terms and conditions in the government order are deemed to have been incorporated in this prospectus.

**21.** No admission, re-allotment/transfer shall be made after the cut-off date/extended cut-off date for the academic year as per the guidelines issued by the Sri Lal Bahadur Shastri National Sanskrit University (Central University).



## KANAK NAND KISHORE COLLEGE OF NATUROPATHY & YOGIC SCIENCES



योगस्थः कुरु कर्माणि सङ्गं त्यक्त्वा धनञ्जय ।

सिद्ध्यसिद्ध्योः समो भूत्वा समत्वं योग उच्यते ॥



# PART B

# Details of various specimen forms as Appendices.





### LIST OF APPENDICES

KANAK NAND KISHORE COLLEGE OF NATUROPATHY & YOGIC SCIENCES (Palla-Bakhtawarpur Road, Bakhtawarpur, Delhi - 110036) A Unit of MAHARAJA AGRASEN NATUROPATHY AND YOGA SADHANA RESEARCH TRUST Affiliated to: SHRI LAL BAHADUR SHASTRI NATIONAL SANSKRIT UNIVERSITY (CENTRAL UNIVERSITY), NEW DELHI

### Academic Session: 2025–2026

Bachelor of Naturopathy & Yogic Sciences (BNYS - 5½ Years)

Appendix 1:	Admission Form
Appendix 2:	Medical Fitness Certificate
Appendix 3:	Undertaking by the student with respect to anti-ragging.
Appendix 4:	Undertaking by the parents with respect to anti-ragging
Appendix - 5 :	Scholarship Undertaking For Student

### **Appendix -1: APPLICATION FORM**

KANAK NAND KISHORE COLLEGE OF NATUROPATHY & YOGIC SCIENCES (Main Palla Road, Bakhtawarpur, Delhi - 110036) A Unit of MAHARAJA AGRASEN NATUROPATHY AND YOGA SADHANA RESEARCH TRUST Affiliated to: SHRI LAL BAHADUR SHASTRI NATIONAL SANSKRIT UNIVERSITY (CENTRAL UNIVERSITY), NEW DELHI

### Academic Session: 2025–2026

Bachelor of Naturopathy & Yogic Sciences (BNYS - 5½ Years)

#### **Personal Information**

- 1. Name of Candidate (Mr./Miss/Mrs.):
- 2. Father's/Guardian's Name (Mr./Shri):
- 3. Permanent Address:
- 4. PIN Code:
- 5. Mobile No.:
- 6.Email:

#### **Academic Information**

- 1. School/College Location of Qualifying Examination (10+2): (Delhi / Outside Delhi)
- 2. School/College Location of Secondary Examination (10th): (Delhi / Outside Delhi)
- 3. Date of Birth (DD/MM/YYY):
- 4. Age as on 31-12-2024: Years Months Days
- 5. Passed Senior Secondary Examination (Yes/No):
- 6. Aggregate Percentage of All Subjects:
- 7. PCB Percentage:
- 8. Category (SC/ST/OBC/Defence/PWD/Kashmiri Migrant):

#### **Supporting Documents**

- 1. Category Certificate (SC/ST/OBC/PWD/Defense) Attached (Yes/No):
- 2. Character Certificate Attached (Yes/No):
- 3. Medical Certificate (in case of PWD) Attached (Yes/No):

#### **Fee Payment Details**

- 1. Amount (INR):
- 2.DD No.:
- 3. Bank & Branch:

#### Declaration

I solemnly affirm that the information furnished above is true and correct to the best of my knowledge. I have not concealed any information. I understand that any false information may lead to cancellation of my admission and may invite legal action. I agree to abide by all rules and regulations of the college.

Signature of Candidate: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Parent/Guardian: \_\_\_\_\_ Date: \_\_\_\_\_



### **Appendix -2: MEDICAL FITNESS CERTIFICATE**

KANAK NAND KISHORE COLLEGE OF NATUROPATHY & YOGIC SCIENCES (Main Palla Road, Bakhtawarpur, Delhi - 110036) A Unit of MAHARAJA AGRASEN NATUROPATHY AND YOGA SADHANA RESEARCH TRUST Affiliated to: SHRI LAL BAHADUR SHASTRI NATIONAL SANSKRIT UNIVERSITY (CENTRAL UNIVERSITY), NEW DELHI

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Bachelor of Naturopathy & Yogic Sciences (BNYS – 5½ Years) (To be submitted at the time of counselling/admission)

I certify that I have carefully examined Shri/Km/Smt.

-----,

son/daughter/wife of Shri/Smt. \_\_\_\_\_

whose signature is given below. Based on the examination, I certify that he/she is in good mental and physical health and is free from any physical defects which may interfere with his/her studies, including the active outdoor duties required of a professional.

Visible Mark of Identification: \_\_\_\_\_

Signature of the Candidate: \_\_\_\_\_

Place: \_\_\_\_\_

Date: \_\_\_\_\_

Name & Signature of the Medical Officer (with Seal and Registration Number)

\* Strike whichever is not applicable.

\*\* To be signed by a Registered Medical Practitioner holding a Medical degree. Note: Use photocopy of this form. Recent Passport size photo attested by Gazetted officer



### **Appendix - 3: ANTI-RAGGING FOR STUDENT**

KANAK NAND KISHORE COLLEGE OF NATUROPATHY & YOGIC SCIENCES (Main Palla Road, Bakhtawarpur, Delhi - 110036) A Unit of MAHARAJA AGRASEN NATUROPATHY AND YOGA SADHANA RESEARCH TRUST Affiliated to: SHRI LAL BAHADUR SHASTRI NATIONAL SANSKRIT UNIVERSITY (CENTRAL UNIVERSITY), NEW DELHI

### Academic Session: 2025–2026

Bachelor of Naturopathy & Yogic Sciences (BNYS – 5½ Years) (To be submitted at the time of counselling/admission)

l,,
S/D of Mr./Mrs./Ms,
having been admitted to the Programme/Stream
at (Institute/College),
have received a copy of the UGC Regulations on Curbing the Menace of Ragging in Higher
Educational Institutions, 2009 (hereinafter referred to as the "Regulations"), and have
carefully read and fully understood the provisions contained in the said Regulations.
1.I have, in particular, read Clause 3 of the Regulations and am aware of what constitutes ragging.
2.I have also carefully read Clauses 5 and 6.1 of the Regulations and am fully aware of the
penal and administrative actions that may be taken against me in case I am found guilty of
or involved in ragging — either actively, passively, or as part of a conspiracy.

- 3.I hereby solemnly affirm and undertake that:
- 4.a) I will not indulge in any behavior or act that may be considered as ragging under Clause 3 of the Regulations.
- 5.b) I will not participate in or abet or propagate through any act of commission or omission any activity that may be construed as ragging under Clause 3 of the Regulations.
- 6.1 hereby affirm that if found guilty of ragging, I shall be liable for punishment under Clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken under applicable laws.
- 7.1 further declare that I have not been expelled or debarred from admission to any institution in India due to being found guilty of, or being part of, a conspiracy to promote ragging.
- 8.I understand that if any part of this declaration is found to be untrue, my admission is liable to be cancelled.

day of	(year)

Verified that the contents of this affidavit are true to the best of my knowledge and nothing has been concealed or misstated.

Verified at \_\_\_\_\_ on this \_\_\_\_\_ day of \_\_\_\_\_

Signature of Deponent

Signature of Deponent

### **Appendix - 4 : DECALARATION BY PARENTS**

KANAK NAND KISHORE COLLEGE OF NATUROPATHY & YOGIC SCIENCES (Main Palla Road, Bakhtawarpur, Delhi - 110036) A Unit of MAHARAJA AGRASEN NATUROPATHY AND YOGA SADHANA RESEARCH TRUST Affiliated to: SHRI LAL BAHADUR SHASTRI NATIONAL SANSKRIT UNIVERSITY (CENTRAL UNIVERSITY), NEW DELHI

### Academic Session: 2025–2026

Bachelor of Naturopathy & Yogic Sciences (BNYS - 5½ Years)

(To be submitted at the time of counselling/admission)

I, Mr./Mrs./Ms	full name of parent/guardian),
father/mother/guardian of	full name of student with
admission/registration/enrolment number), having been a	admitted to
(name of the insti	tution), have received a copy of the UGC
Regulations on Curbing the Menace of Ragging in Higher	Educational Institutions, 2009 (hereinafter
referred to as the "Regulations"), and have carefully read	and fully understood the provisions
contained in the said Regulations.	

- 1. I have, in particular, read Clause 3 of the Regulations and am aware of what constitutes ragging.
- 2.1 have also read Clause 5 and Clause 6.1 of the Regulations and am fully aware of the penal and administrative action that may be taken against my ward in case he/she is found guilty of, or abetting ragging actively or passively or being part of a conspiracy to promote ragging.
- 3.I hereby solemnly affirm and undertake that:
- 4.a) My ward will not indulge in any behavior or act that may be construed as ragging under Clause 3 of the Regulations.
- 5.b) My ward will not participate in, abet, or propagate through any act of commission or omission that may be construed as ragging under Clause 3 of the Regulations.
- 6.1 hereby affirm that if found guilty of ragging, my ward is liable for punishment as per Clause 9.1 of the Regulations, without prejudice to any other criminal action that may be taken under any law currently in force.
- 7.I further declare that my ward has not been expelled or debarred from admission to any institution in the country due to being found guilty of, abetting, or being part of a conspiracy to promote ragging.
- 8.I also affirm that if any part of this declaration is found to be untrue, the admission of my ward is liable to be cancelled.

day of	_ (year)

Verified that the contents of this affidavit are true to the best of my knowledge and nothing has been concealed or misstated.

Verified at \_\_\_\_\_ on this \_\_\_\_\_ day of \_\_\_\_\_

Signature of Deponent

Signature of Deponent

### **Appendix - 5 : SCHOLARSHIP DECLARATION**

KANAK NAND KISHORE COLLEGE OF NATUROPATHY & YOGIC SCIENCES (Main Palla Road, Bakhtawarpur, Delhi - 110036) A Unit of MAHARAJA AGRASEN NATUROPATHY AND YOGA SADHANA RESEARCH TRUST Affiliated to: SHRI LAL BAHADUR SHASTRI NATIONAL SANSKRIT UNIVERSITY (CENTRAL UNIVERSITY), NEW DELHI

### Academic Session: 2025–2026

Bachelor of Naturopathy & Yogic Sciences (BNYS - 5½ Years)

#### STUDENT UNDERTAKING FOR SCHOLARSHIP

I,\_\_\_\_\_, son/daughter of \_\_\_\_\_, enrolled in the BNYS program at KNK College of Naturopathy and Yogic Sciences, hereby declare and undertake the following in connection with the scholarship refund/disbursal due to me for the academic year 2025–26:

That I am not receiving and have not received any other financial aid, fee reimbursement, government scholarship, private scholarship, CSR grant, NGO support, or any external sponsorship for my education from any third-party individual, organization, or institution.

I understand and agree that the KNK Scholarship is subject to a "no overlapping scholarship" policy, and if it is found that I have received any other aid, the scholarship amount disbursed to me will be refunded by me immediately to the college, and disciplinary action may be initiated.

That I undertake to inform the college immediately in writing if I receive any such external financial support at any point during my BNYS program.

I am submitting this undertaking as a condition to receive the year-end scholarship refund or disbursal as per the policy laid down by KNK College.

I confirm that my Class 12th marks used for scholarship eligibility are from a recognized Indian education board (CBSE, ICSE, NIOS, or any State Board) and I have submitted valid supporting documents.

Date:	Place:
Student Name:	
	D:
Signature of Student:	
Contact Number:	
Aadhaar Number:	

College Verification (For Office Use Only)	
Verified by:	(Accounts/Scholarship Officer)
Signature:	
Date:	

### **PRE-DISPATCH CHECKLIST FOR STUDENTS**

KANAK NAND KISHORE COLLEGE OF NATUROPATHY & YOGIC SCIENCES (Main Palla Road, Bakhtawarpur, Delhi - 110036) A Unit of MAHARAJA AGRASEN NATUROPATHY AND YOGA SADHANA RESEARCH TRUST Affiliated to: SHRI LAL BAHADUR SHASTRI NATIONAL SANSKRIT UNIVERSITY (CENTRAL UNIVERSITY), NEW DELHI

### Academic Session: 2025-2026

Bachelor of Naturopathy & Yogic Sciences (BNYS - 5½ Years)

It is the candidate's own responsibility to exercise suitable checks and ensure that his/her application is correct and complete in all aspects. As a facility for a further check, lists of tasks are given below. Against each task-description, the candidate should put a tick mark or write "N.A." to indicate that the task has been done or is Not Applicable to him/her.

#### 1. DATA

1.1 Application filled up1.2 Checked and confirmed the entries in Application Form and that there is no discrepancy.

#### **2. SUPPORTIVE DOCUMENTS**

(Self-Attested Photostat copies of the following enclosed.)

- 2.1 Qualifying Exam Mark Sheet (both sides)
- 2.2 Latest Permanent Community Certificate
- 2.3 Latest Transfer Certificate
- 2.4 Nativity Certificate (If applicable)
- 2.5 Income Certificate (If applicable)
- 2.6 First Graduate Certificate (If applicable)

#### **3. MISCELLANEOUS**

3.1 Self–Attested Passport size photograph affixed in the Application 3.2 Self-addressed and sufficiently stamped Acknowledgement Card

#### **4. FILLED IN OPTION FORM**



### **PAYMENT OPTIONS**

KANAK NAND KISHORE COLLEGE OF NATUROPATHY & YOGIC SCIENCES (Main Palla Road, Bakhtawarpur, Delhi - 110036) A Unit of MAHARAJA AGRASEN NATUROPATHY AND YOGA SADHANA RESEARCH TRUST Affiliated to: SHRI LAL BAHADUR SHASTRI NATIONAL SANSKRIT UNIVERSITY (CENTRAL UNIVERSITY), NEW DELHI

### Academic Session: 2025–2026

Bachelor of Naturopathy & Yogic Sciences (BNYS - 5½ Years)

### FOR BANK TRANSFER

- Name: Kanak Nand Kishore College Of Naturopathy and Yogic Sciences
- Bank : HDFC BANK
- Branch: Bakhtawarpur Delhi
- A/c No: 50100824055942
- IFSC: HDFC0010838

Note: Kanak Nand Kishore College of Naturopathy & Yogic Sciences was formerly known as Balaji Nirogdham College of Naturopathy & Yogic Sciences

Application Form Fees is **Rs 1000 which is non-refundable**